

Wasco County MRC Meeting Recap: October 24th, 2011

Those present: Judy von Borstel, Elizabeth Hinatsu, Robert White, Rebekah Smith, Curtis Peetz, Mary Clites, Kristy Beachamp, Frances Nicholas

Trainings:

- *MRC 101*: Covers the 6 MRC Core Competencies:
 1. A personal and family preparedness plan
 2. Knowledge of the chain of command (ICS/NIMS)
 3. Awareness of volunteer mental health
 4. MRC Communication Protocols
 5. Knowledge of volunteer activation and deactivation
 6. Personal limitation awareness
 - Also covers MRC integration with County emergency response.
 - At the meeting, it was decided to split the orientation into 2 presentations at the next 2 meetings. If you can't attend, the training will be offered again in the summer.
- *Community Emergency Response Team (CERT)*: CERT training educates people about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills such as fire safety, search and rescue, team organization, and disaster medical operations. Using the training learned in the classroom and during exercises, CERT members can assist others in their neighborhood or workplace following an event when professional responders are not immediately available to help.
- *Incident Command System/National Incident Management System (ICS/NIMS)*: The Incident Command System (ICS) is a standardized, on-scene, all-hazards incident management approach that:
 - Allows for the integration of facilities, equipment, personnel, procedures, and communications operating within a common organizational structure.
 - Enables a coordinated response among various jurisdictions and functional agencies, both public and private.
 - Establishes common processes for planning and managing resources.
- *Basic Disaster Life Support*: the BDLS course is a review of the all-hazards events including natural and accidental human made events; traumatic and explosive events; nuclear, biological, radiological and chemical events. Also included is information on the health care professional's role in the public health and incident management systems, community mental health, and special needs of underserved/vulnerable populations.
- *Disaster Mental Health*: Courses vary; topics of training generally cover disaster and community impact, hospital surge and behavioral health triage, psychological first aid.

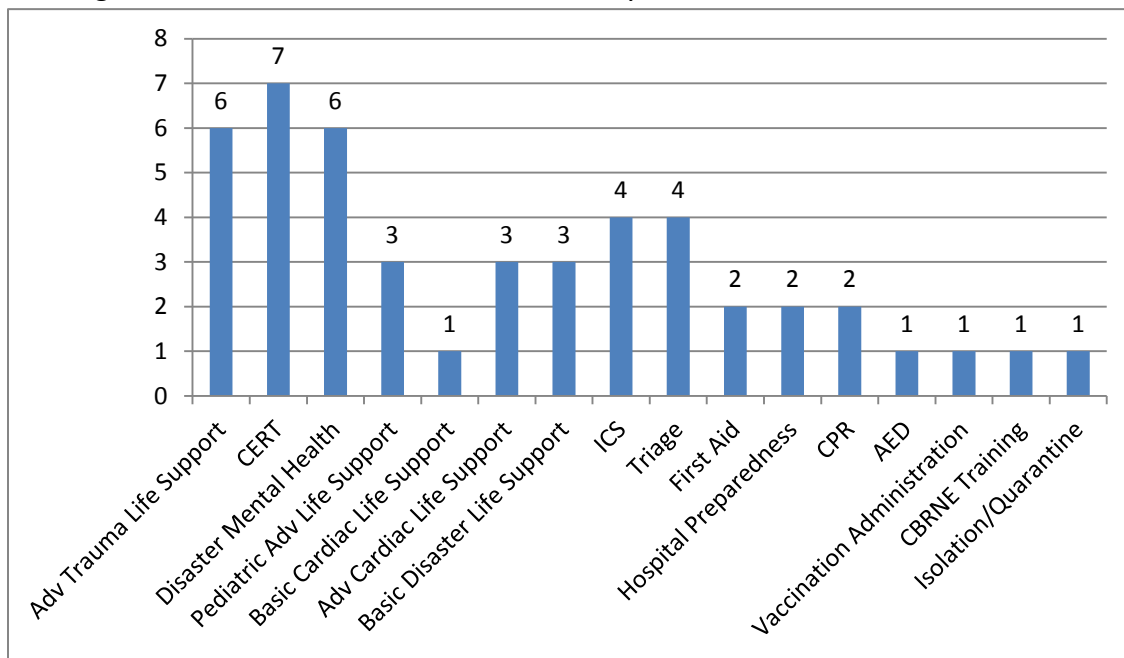
Upcoming Events:

Month	Event	Date	Additional Info
November	MRC 101 Orientation	November 21 st 6-7pm N. Wasco PUD	First half of MRC 101. *Required to be an active MRC member* If you can't make it, it will be offered again in June
December	MRC 101 Orientation	TBD	Second half of MRC 101.
January	CERT Training	Fri, Jan 6 th : evening Sat, Jan 7 th : day Fri, Jan 20 th : evening Sat, Jan 21 st : day	Dates are still tentative; attendance all 4 days is required to get certified Approx. 20 hours. For more information or to register, contact lynette.black@oregonstate.edu
February	Incident Command System in-classroom training	TBD	*Required to be an active MRC member* 4 hour classroom training, 0.6 CEUs Can also complete online: <ul style="list-style-type: none"> • www.training.fema.gov/IS/NIMS.asp <ol style="list-style-type: none"> 1. IS-100.b-(ICS 100) Introduction to Incident Command System 2. IS-700.a National Incident Management System (NIMS), an Introduction • Please forward certificates of completion to Frances
February	'Go Red For Women' health fair Run/Walk Spanish health fair	Fri, Feb 3 rd Sat, Feb 4 th Sun, Feb 5 th or 12th	Volunteer opportunity in honor of women's health month and fighting heart disease in women. More information to come. Contact Frances if you think you might be interested so I can get a tentative head count
March	Basic Disaster Life Support	TENTATIVE: will be offered sometime between Nov-Aug	In-classroom training, More details to follow 7.5 AMA PRA Category 1 Credits
April	Wasco County Emergency Management Mass Casualty Exercise	2 nd week in April, no exact date yet	Great opportunity to practice MRC integration with emergency responders! *Must have completed ICS and registered on SERV-OR or with Red Cross to participate.*
TBD	Disaster Mental Health	TBD	Generally 2.5-4 hour course, up to 2 CEUs. More information to follow

Attendance at events is not mandatory, however, please keep in mind that to be considered an active MRC member you must:

1. Register on SERV-OR (if you have a current medical license) or with the Red Cross (if you are unlicensed/license is inactive)
 - a. <https://serv-or.org/>
 - b. www.oregonredcross.org
2. Complete ICS training, either in-classroom or online
3. Attend MRC 101 Orientation

Training Interests Based on the Volunteer Survey:



If you are interested in further information on any of these topics mrc.train.org is a great resource. There are also some upcoming trainings, both online and in-person, on the attached handout. Additionally, the SERV-OR calendar, located on the left side of the log-in page, lists all upcoming events being held by Oregon MRC units.

REMINDERS:

1. Register on SERV-OR or with the Red Cross
2. Must complete both ICS courses and MRC Orientation
3. All other activities are optional, but encouraged!
4. If you think you might be interested in volunteering at Go Red in February, please contact Frances so I can get an approximate headcount

Next Meeting:
November 21st, 2011
6-7 pm
Northern Wasco PUD
2345 River Road, the Dalles

Questions? Comments? Concerns?

Frances Nicholas

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